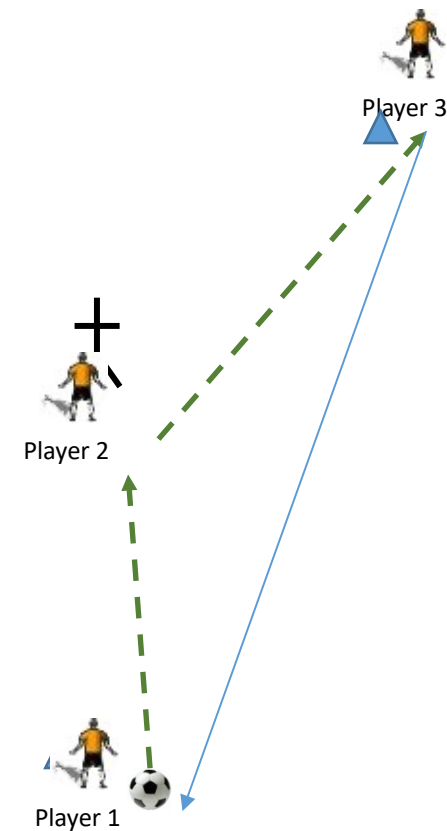
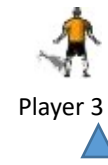


Technical Passing: Y Drill

**Movement is important
to create space from
a defender.**

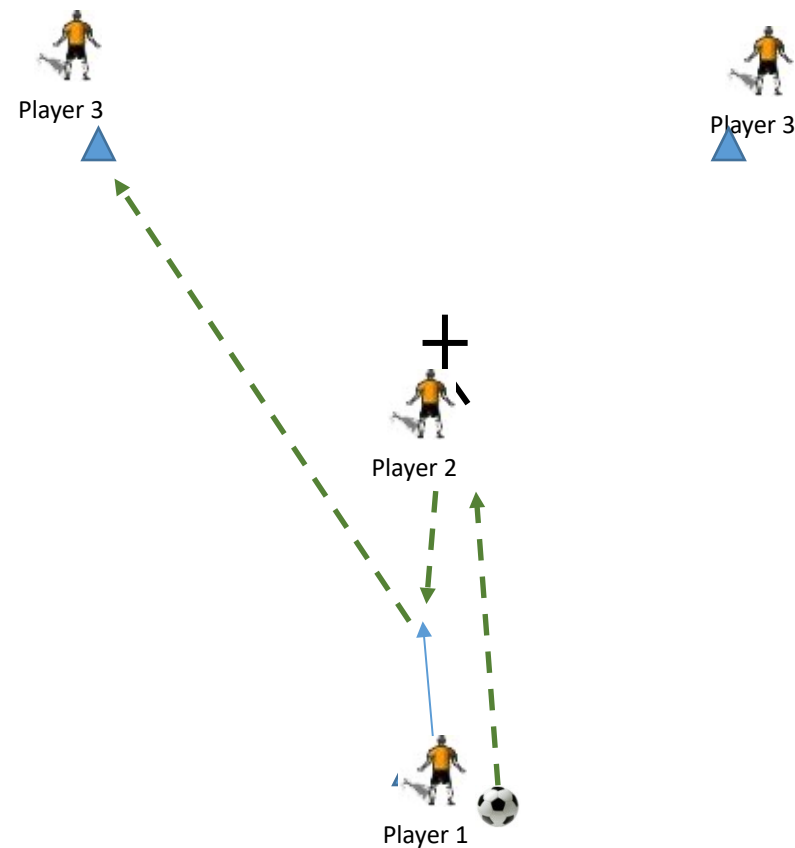
1. Player 2 simulates creating space by checking away and then checking towards player 1.
2. Player 1 plays to Player 2 who takes 1 touch to turn and then plays to player 3 (alternate sides)
3. Player 3 dribbles down towards starting line.
4. Follow your pass.



Y Drill Progression 1

**Movement is important
to create space from
a defender.**

1. Player 2 simulates creating space by checking away and then checking towards player 1.
2. Player 1 plays to Player 2 who lays ball off to Player 1
3. Player 1 plays ball to Player 3 (alternate sides)
4. Player 3 dribbles down towards starting line.
5. Follow your pass.



Y Drill Progression 2

**Movement is important
to create space from
a defender.**

1. Player 2 simulates creating space by checking away and then checking towards player 1.
2. Player 1 plays to Player 2 who lays ball off to Player 1
3. Player 1 plays ball to Player 3 (alternate sides)
4. Player 2 comes late and plays wall pass with player 3.
5. Player 3 dribbles down towards starting line.
6. Same Rotation as before.

